

COMPOSITE REGIONAL CENTRE FOR SKILL DEVELOPMENT, REHABILITATION &
EMPOWERMENT OF PERSONS WITH DISABILITIES [CRC – KOZHIKODE]

(Under the administrative control of NIEPMD, Chennai)

Department of Empowerment of Persons with Disabilities (Divyangjan)

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Improving Eye Contact while communication (Part 1)

The eye contact is one of most important aspect in communication. The eye contact is first part of pragmatic development which lacks in children with developmental disability. The following activities are very helpful for developing the appropriate eye contact mainly used house hold object and easy to perform.

Activity 1: Parent can make a list toys of the child's interest. These toys can be used by before giving it to the child bring it at your eye level. The child looks at the toy and looks at your eyes as well. This will help to develop an indirect eye contact. Repeat the activity till the child is interested in the toy then change the toy. While performing this activity talk to the child about toy and reinforce for maintaining eye contact with you

Activity 2: The colorful Masks and sunglasses can be used to gain the child's attention. While playing with the child put mask or sunglasses over your face and suddenly remove. This will create interest to look towards your face. While child looking towards you talk about the mask color, glasses color size etc

Activity 3: Take honey on the finger or a sweet which the child likes. Bring your finger at your eye level the child looks at the honey and overlooks your eyes. Reinforce by letting the child lick the sweet/honey every time his/her eyes meet yours

Activity 4 : Play eye pointing games. Various toys are kept in front of the child, two adults or an adult and a child play a game in which as the child or adult eye points at a toy .The toy is handed over to the person who eye points it

Activity 5 : Peek-a-boo games :-can be played from behind the curtain, placing the duppata or the saree end on the adults face. Hide behind the curtain, as the child looks behind the curtain or tries to remove the duppata say/bhoo/

