



# **COMPOSITE REGIONAL CENTRE FOR SKILL DEVELOPMENT REHABILITATION & EMPOWERMENT OF**

**PERSONS WITH DISABILITIES (CRC-KOZHICODE)**

**Under NIEPMD ,Chennai ,DEPwD (Divyangjan),**

**Ministry of Social Justice & Empowerment, Govt. of India**

**IMHANS Campus, Medical College PO, Kozhikode – 673 008**

## **DO'S AND DON'TS FOR PARENTS OF CHILDREN WITH SPECIAL NEEDS**



# OVER PROTECTION



*"My child is weak and disabled... I need to help my child..."*



Do not do **EVERYTHING** for your child.



Encourage your child to do what he/she **can DO**.



Provide support and guidance to master skills

# ADEQUATE TIME



*"He cannot learn this... I tried it with him, let me do it for him"*



**Do not RUSH while teaching any skills to your child.**



**Do not be easily discouraged.**



**Allow your child to learn skills at his or her own pace. Make sure you provide regular practice!**

**ONE STEP AT A TIME!**

# GIVE OPPORTUNITY



*Let her wear this...  
Let him eat this  
food ... We cannot  
take her out, for she  
screams...*



**Do not restrict opportunities to make choices or take simple decisions for self, to move around in the community**



**Allow your child to make choices with regard to selecting dress, activities, food items etc.**



**Take your child out for social or religious functions.**

# HAVE A VISION FOR YOUR CHILD



*"What can he do if he grows up.... He is incapable and dependent. He cannot achieve anything in life"*



Do not be **PESSIMISTIC** about your child with special needs.



Know strength and limitations of your child and plan for his/her future as per his/her ability level.



Seek Professional guidance to plan a vocational career

# OVER AMBITIOUS



*"I want my child to do things like other children..."*



Do not be **OVER EXPECTANT** about your child with special needs.



Set targets for your child with the support of Professionals



# FUNCTIONAL TRAINING



*"Please give home work to my child to write. I want him to read and write like his brother..."*



**Do not focus teaching your child school subjects without proper consultation with professionals.**



**Teach your child functional skills to help him to be independent.**



**Let professionals assess your child's skills and guide you to set goals.**