

# COMPOSITE REGIONAL CENTRE FOR SKILL DEVELOPMENT REHABILITATION & EMPOWERMENT OF PERSONS WITH DISABILITIES (CRC-KOZHIKODE)



Under NIEPMD ,Chennai, DEPwD (Divyangjan),  
Ministry of Social Justice & Empowerment, Govt. of India  
IMHANS Campus, Medical College PO, Kozhikode – 673 008

## VISUAL SCHEDULES FOR CHILDREN WITH SPECIAL NEEDS

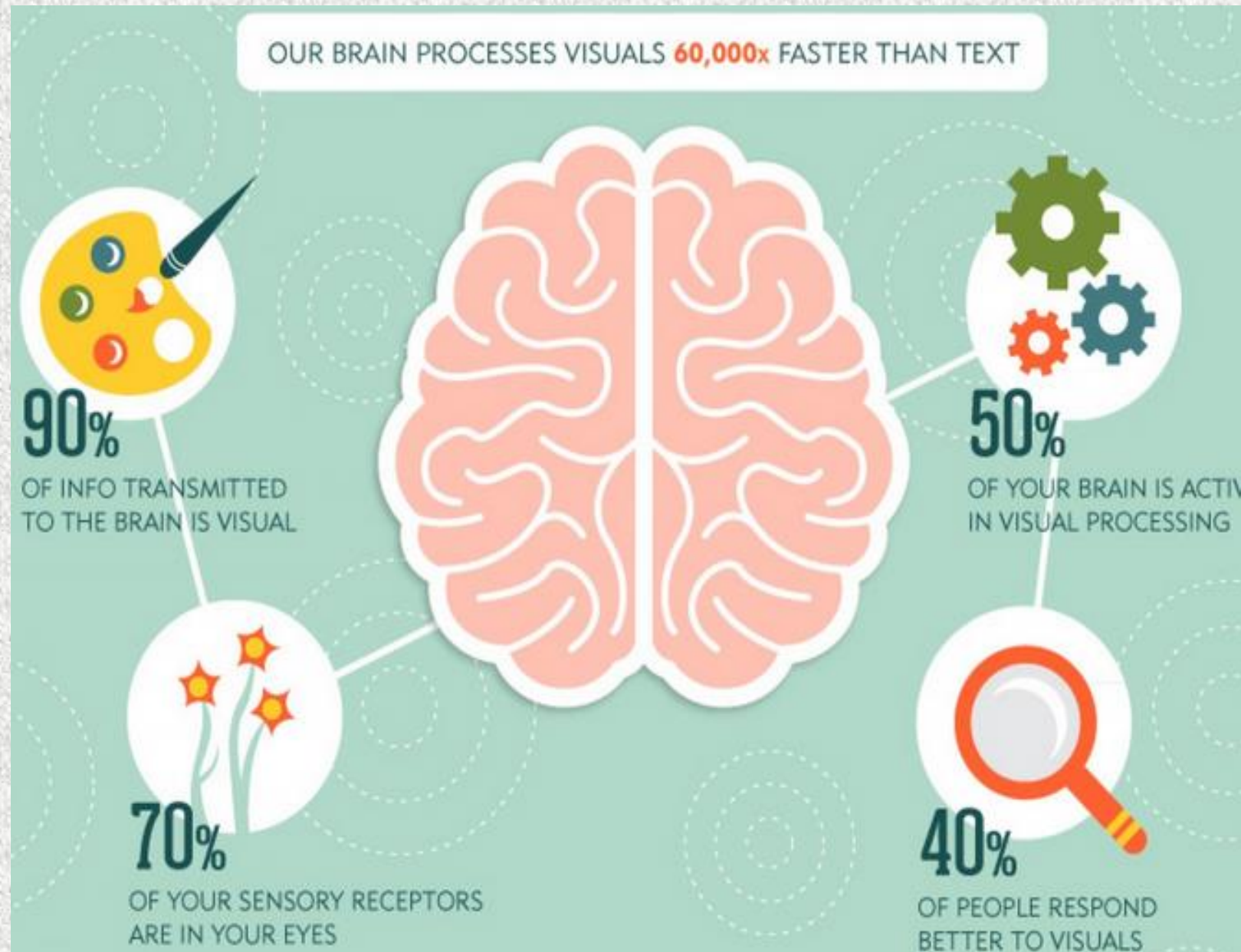


# WE ALL USE VISUALS AND THEY MAKE OUR LIVES EASIER!





# Why do we use visuals?



# What is a Visual Schedule?

- An important tool to **create a structured environment and organized life** for children with special needs
- A series of **pictures to communicate** a series of activities or the steps of a specific activity.



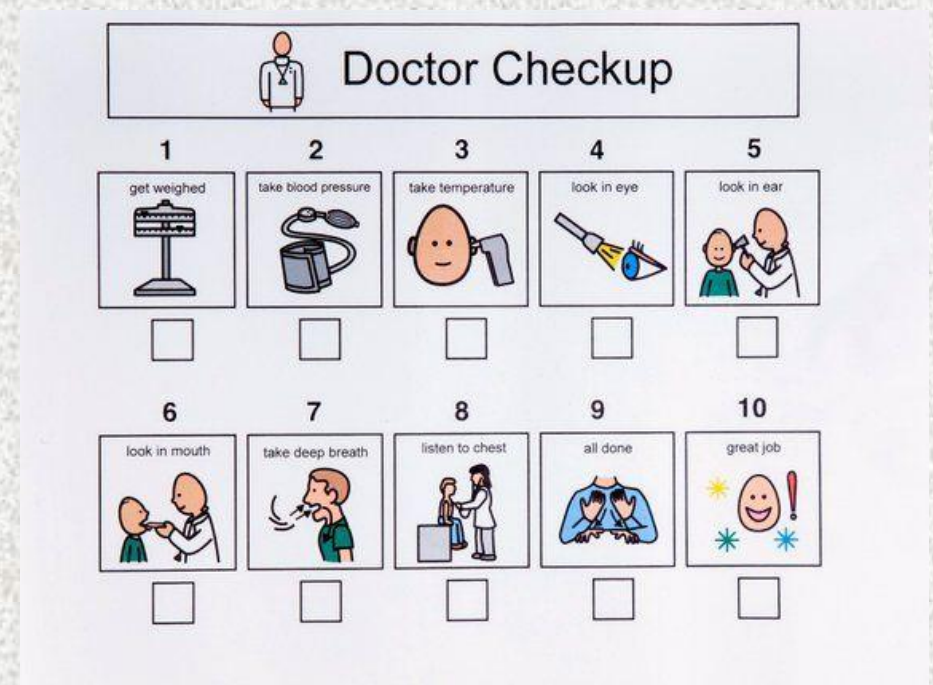
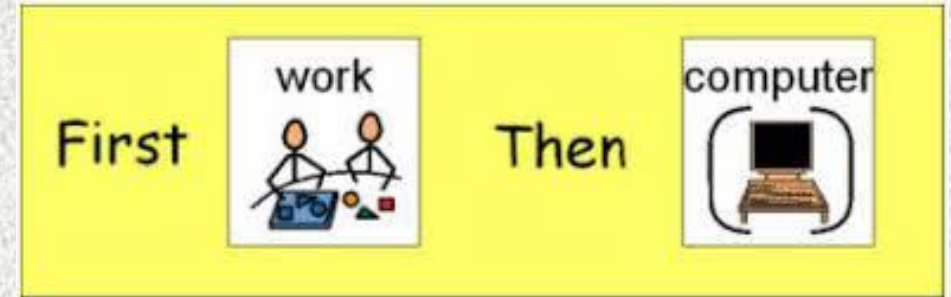
# How is it beneficial for children with special needs?

- **Ease Transition:**

- ✓ Helps to shift from one activity to another.

- **Reduce anxiety:**

- ✓ Informs of sequence of activities or events
- ✓ Prepares for a change in the routine

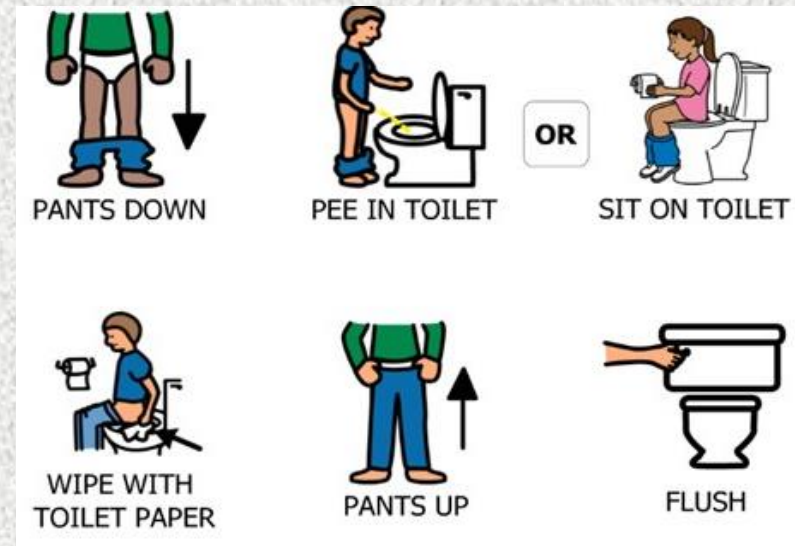






# How is it beneficial for children with special needs?

- Improve focus and attention
- Breaks tasks into simple steps
- Independence:
  - ✓ Child can do activities without any support



# How is it beneficial for children with special needs?

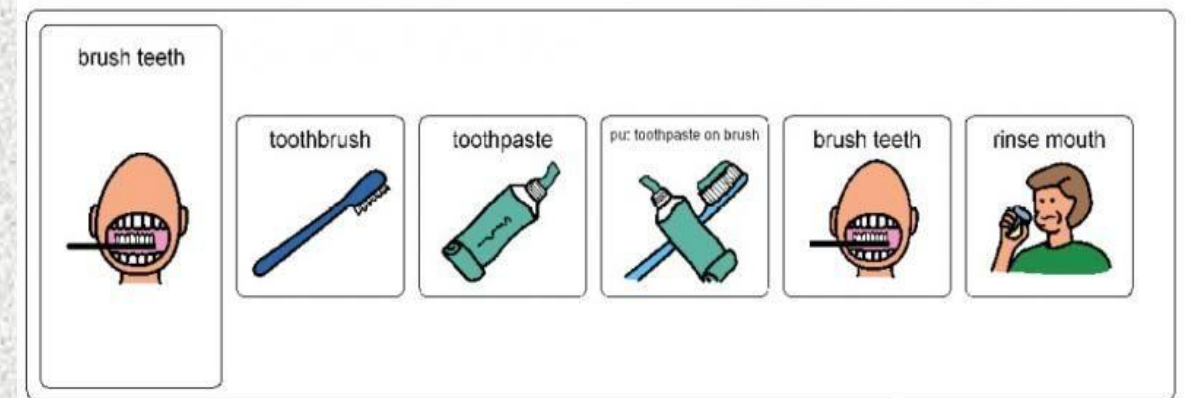
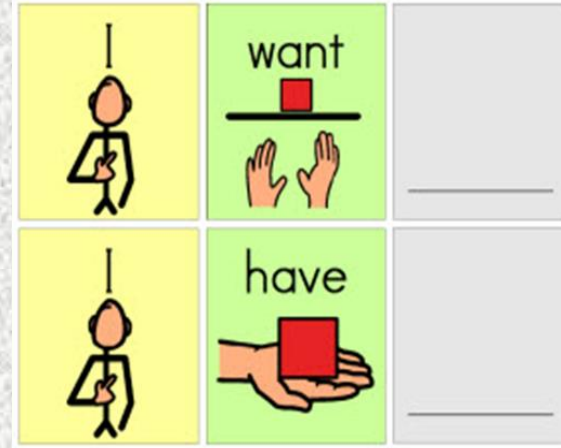
- **Learning skills:**

- ✓ Provide support in learning social, communication, and self-help skills

- **Reduce problem behaviours**

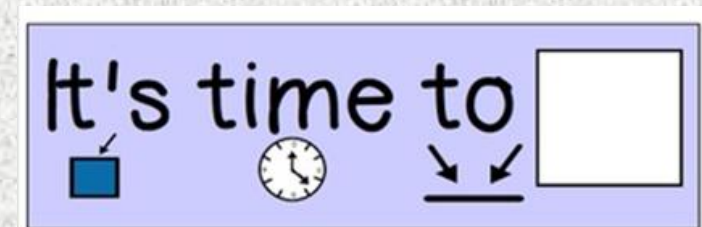
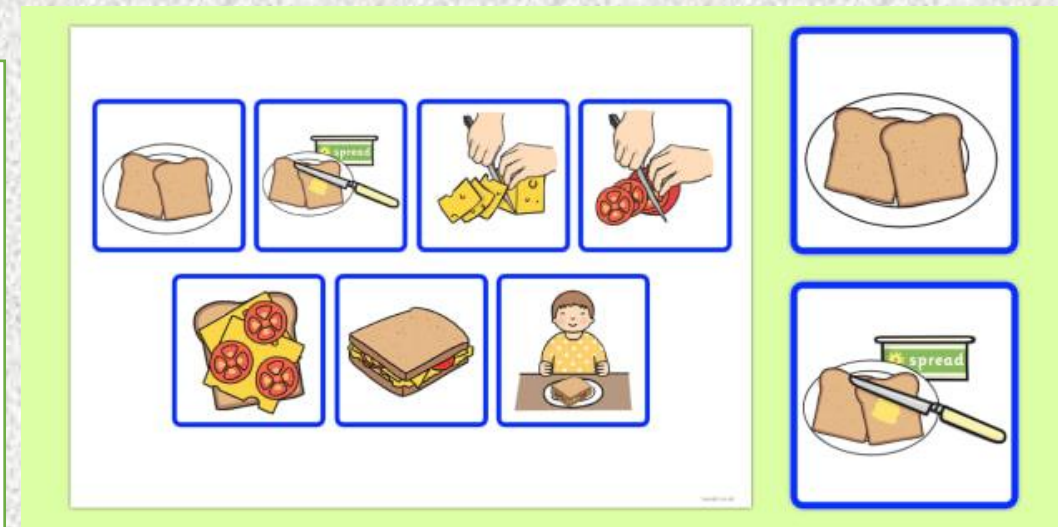
- ✓ To regulate one's own behaviour

- **Provide helpful reminders**



# How is it beneficial for children with special needs?

- Helps in developing **sequential memory** and **organization of time**.
- Assist children with **language comprehension** problems to understand **what is expected of them**.

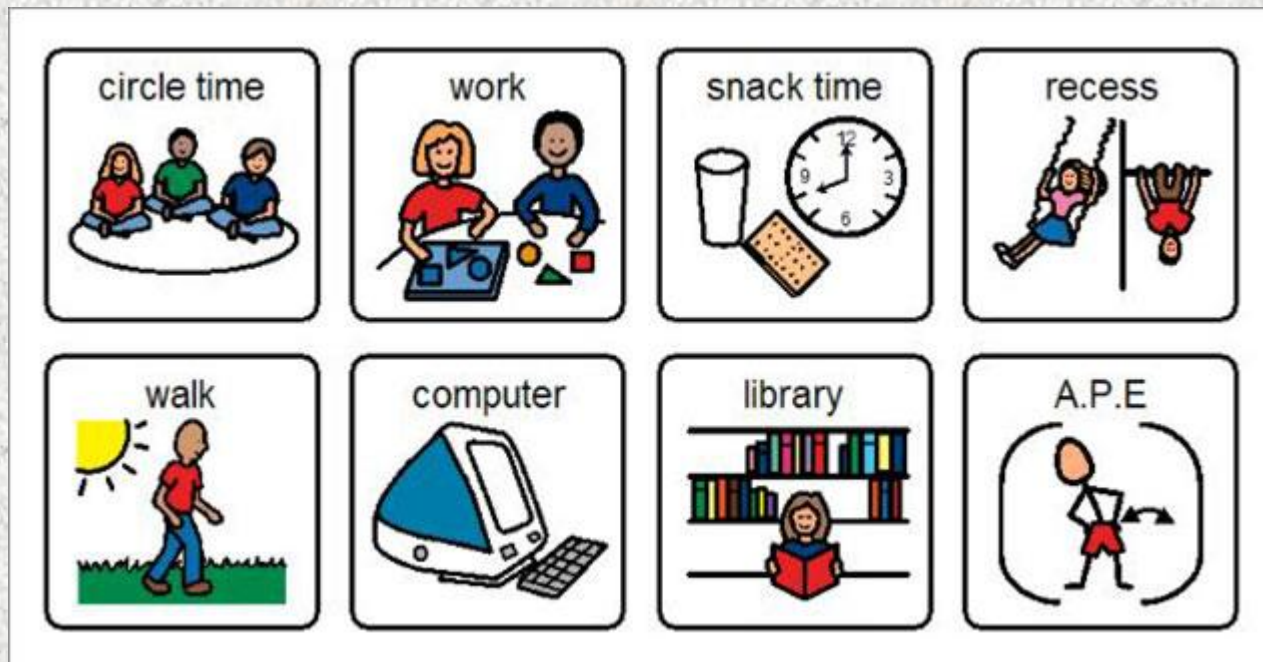






# Types of Visual Schedule

## Written plus icon



# Types of Visual Schedule

Written plus photo –

- Picture of real person, place, objects

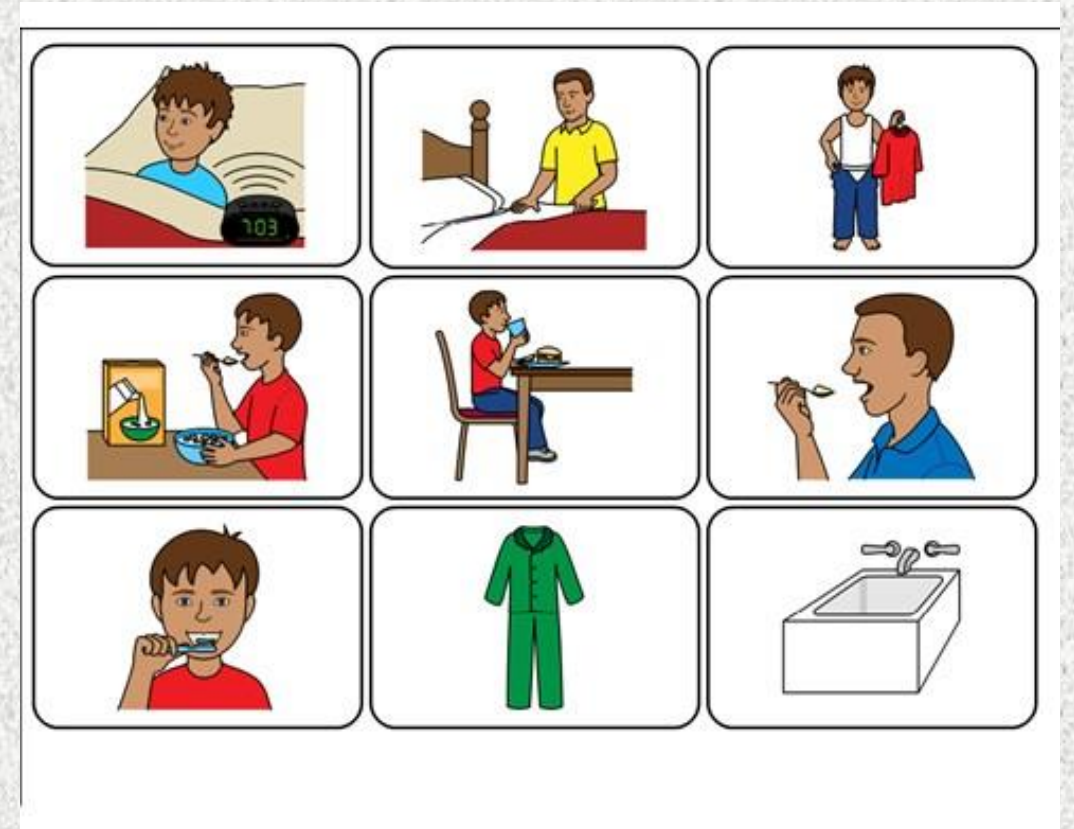




# Types of Visual Schedule

**Pictures or photo schedules:**

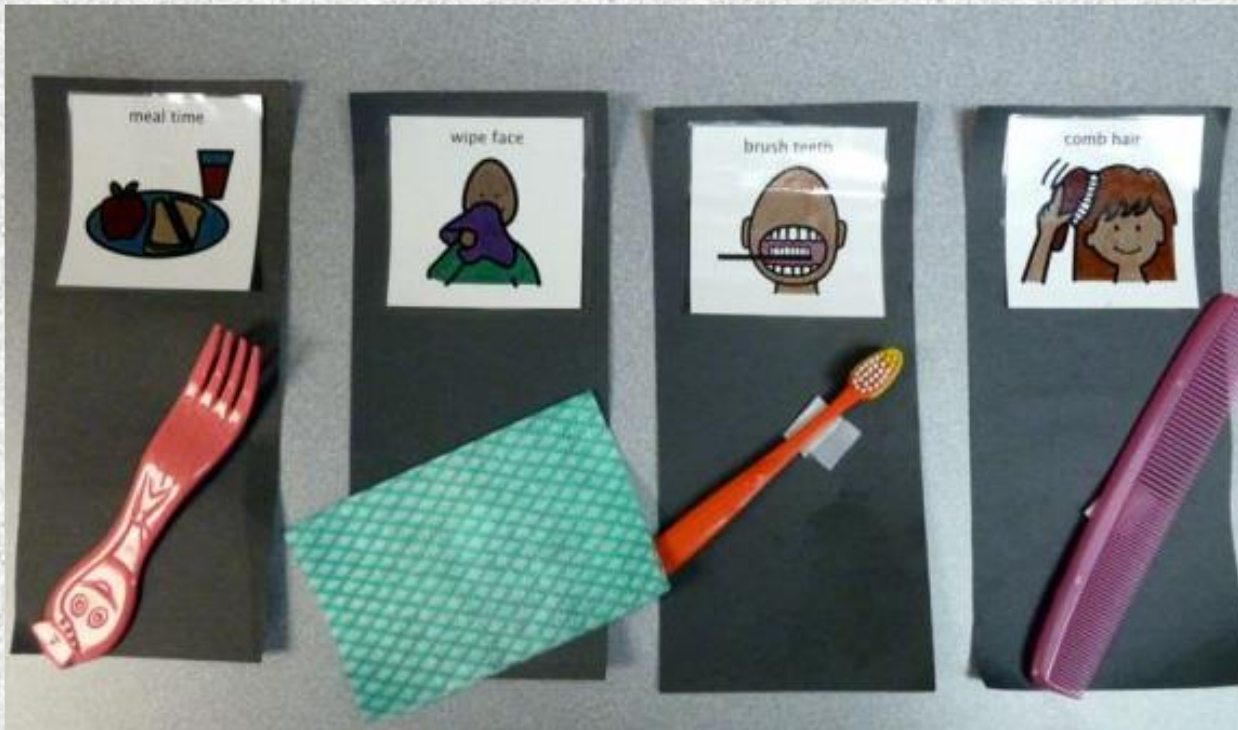
**only icons or actual pictures of person, place or object**





# Types of Visual Schedule

## Actual Objects



# Different ways of preparing Visual Schedules



**Top to Down**



**Left to Right**



**Flip over book**





# Preparation of Visual Schedule

- **Prepare visual schedule as per the ability level of the child**
  - ✓ Decide on the type of visual schedule
  - ✓ Pictures should be clear and of appropriate size
  - ✓ Easy to use (*visual cards can be removed*) – Use Velcro on the board and have piece of Velcro behind the card.
  - ✓ Consider durability of the picture (*laminated pictures remain longer*)
  - ✓ Include a reinforcement (*as per child's interest*) in the schedule.





# Preparation of Visual Schedule

- **Identify the issue you need to tackle**

**For example:**

- ✓ to get your child do daily tasks (following a routine at home)
- ✓ to address any behavioural issues (biting, hitting or throwing things)
- ✓ develop sitting behaviour – do table top activities
- ✓ to teach any skill
  - communication skill – to express needs, seek help or express emotions
  - do any sequential task – self-help, art or craft, games etc.
- ✓ to help child be independent in any task etc.



# Preparation of Visual Schedule

- **Use one schedule at a time.**
  - ✓ Prepare visuals and introduce the schedule to the child.
  - ✓ Follow the schedule with the child everyday without fail.
  - ✓ Direct the child to look at the picture, do the activity and place the picture in the finished box placed at the bottom of the schedule.
  - ✓ Remove the card after completion of task– this gives a sense of completion to the child
- **Contact your special educator to guide you in deciding on and preparing visual schedules for your child.**



Visuals can be a 'game changer' in the household!

Visuals can make life easier for your child with special needs!

